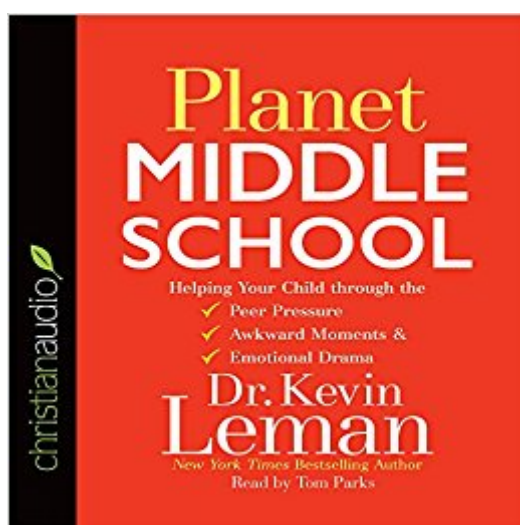


The book was found

Planet Middle School: Helping Your Child Through The Peer Pressure, Awkward Moments & Emotional Drama



Synopsis

It happens to every parent. One day, you have a sweet son or daughter who loves to snuggle on the couch and who puts a smile on your face just by walking into the room. The next day, it's as if someone left the door open and let in an alien with a smart mouth and an attitude that, frankly, you could do without. Entering middle school is like stepping onto a different planet--for parent and child alike. It's a planet where peer pressure, social media, and hormones can wreak havoc in your child's life and in your relationship with him or her.Â But these years don't have to create chaos in your family. Parenting expert andÂ New York Times bestselling author Dr. Kevin Leman's time-tested principles will aid parents in helping their middle schooler not only survive but thrive during these turbulent years on Planet Middle School. He shows parents how toÂ - understand their child's rapidly expanding world- respond rather than react to emotional swings- tell their child about sex (before someone else tells themÂ theirÂ version)- create opportunities for their child to practice selflessness and gratitude- ensure that their kid is one who loves home and familyMiddle schoolers can be a weird, unpredictable species. But with a little help from Dr. Leman, parents will be able to ride out the interstellar storm with humor and confidence.

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Customer Reviews

Houston, we have a problem.It happens to every parent. One day, you have a sweet son or daughter who loves to snuggle on the couch and who puts a smile on your face just by walking into the room. The next day, it's as if someone left the door open and let in an alien with a smart mouth and an attitude that, frankly, you could do without. Entering middle school is like stepping onto a

different planet--for parent and child alike. But these years don't have to create chaos in your family. In fact, they can be some of the best, most fruitful years of all, a time when you can grow closer rather than drift apart. From the internal storms of hormonal changes to the external challenges of peer pressure and our technology-saturated culture, your child is under constant bombardment. Learn how to come alongside your middle-schooler with the love, understanding, and values that will see you both safely back home to earth when your time on Planet Middle School is over. | Dr. Kevin Leman is an internationally known psychologist, radio and television personality, and speaker who has taught and entertained audiences worldwide with his wit and commonsense psychology. He has made house calls through hundreds of radio and television programs, such as Fox & Friends, The View, Today, Dr. Bill Bennett's Morning in America, CBS's The Early Show, The 700 Club, and CNN. A New York Times bestselling and award-winning author, Dr. Leman has written more than fifty books about marriage and family issues, including The Birth Order Book, Making Children Mind without Losing Yours, and Have a New Kid by Friday. Dr. Leman and his wife, Sande, live in Tucson, Arizona. They have five children and four grandchildren. --This text refers to the Paperback edition.

You are about to embark on a fantastic journey! If you've ever watched one of those movies where regular people are walking around minding their own business, until without warning their chests burst open and alien life-forms come slithering out, then you know what it's like to suddenly find yourself with a middle-schooler. Your once-peaceful home full of silliness and laughter morphs into the twisted landscape of a forbidding alien world, where moody adolescents drag their claws and moan about . . . well, just about everything. Welcome to Planet Middle School. Better get comfortable. You'll be here awhile. Lucky for you, New York Times bestselling author Dr. Kevin Leman successfully navigated Planet Middle School with five children. With his expert guidance, you'll see how you can help your child not only survive but thrive during these turbulent years. Leman shows you how to Â understand your child's rapidly expanding worldÂ respond rather than react to mood swingsÂ tell your child about sex (before someone else tells their version)Â create opportunities for your child to practice selflessness and gratitudeÂ ensure that your kid is one who loves home and familyÂ and much more. Middle-schoolers can be a strange, unpredictable species. But with a little help from Dr. Leman, you can ride out the interstellar storm with humor and confidence. --This text refers to the Paperback edition.

as a parent of 2, the book lets me know whats going on with my middle schoolers, not only in school

but also what they are thinking about and the stresses they deal with. not done with the book yet, but so far its a good read. And the best part is that its not a boring book to read but one that's well written and the words flow making reading much easier.

I'm a big fan of Kevin Leman's works, and so I jumped on this one as soon as I saw it. This is the first parenting book of his that I've read, and it certainly lived up to the high standards of his other books. Leman, a psychologist, writes about the middle school years from the seasoned perspective of a father of five grown children. But he also writes of current issues that middle school students face in a world overrun with technology and loosening moral standards. The book discusses the psychological effect that so many changes at one time have on children of this age. It explains why your sweet little child has now become unpredictable and confusing to you as a parent. More importantly, it tells you how to handle frustrating (maddening, blood-pressure-raising) situations in a way that will leave your relationship with your middle schooler intact on the other side. This book is full of practical advice that you'll be able to use quickly. If you're the parent of a middle school student, odds are that you'll be using advice found in this book within 12 hours of reading it. It's not wishy-washy like some parenting books are. It gets right down to the nitty gritty and gives you concrete solutions that leave your child feeling respected while you retain your authority as a parent. Leman is respected in the Christian community, but this book really doesn't mention his faith more than a couple of times. It's a resource that all parents will be able to use. It's a light read - Leman's style is quite humorous and you will laugh out loud - but it's full of such solid advice that it's really a must-read.

Absolutely love the book. Easy read, with light humour and gives in depth understanding to what is happening with your child during the middle school age. I found the practical advice and actual phrases or words to say very helpful. Sometimes books give a general idea, but its hard to figure out how to apply or what that looks like. However, Dr. Leman was very good at being specific. I would reccomend this book to anyone with tween children.

Fantastic way to parent adolescences with love and humor with out losing boundaries and your mind. Love this

book.

I have read several books by Dr. Leman and have enjoyed them all. He is very knowledgeable and

his tips are practical and have really helped.

Love this book! It has been so helpful. I am now not as stressed over some things as I was before the book. Explains so a lot about the middle school years and the drama that reigns during those years. Thank you Dr Leman you have saved me many grey hairs.

This is the greatest app. Thanks

Absolutely brilliant book - totally down to earth, realistic, up to date with current times, and with helpful insights and suggestions - like: don't react, instead - respond.

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